



OpenSeed® | MEDITATION  
PODS

# problem

Stress, burnout, and mental health issues are costing companies billions of dollars

20% of adults  
experience mental  
illness each year.



Employees with inadequate mental health miss 4x more work, costing employers \$45 billion a year in lost productivity.

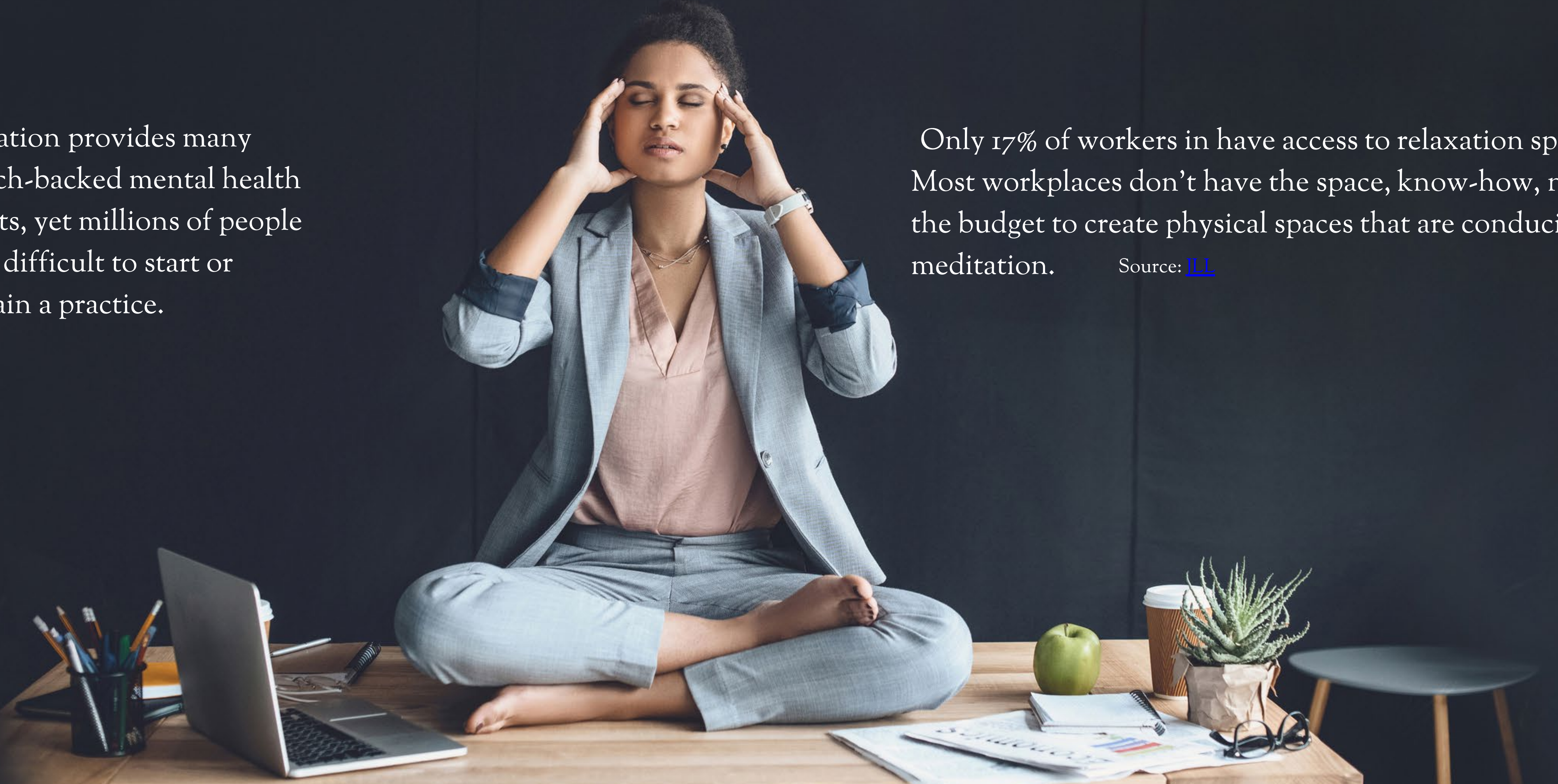
Sources: [National Alliance on Mental Illness](#) and [Gallup](#)

# problem

Companies are unable to meet the growing need for better wellness amenities in the workplace.

Meditation provides many research-backed mental health benefits, yet millions of people find it difficult to start or maintain a practice.

Only 17% of workers in have access to relaxation spaces. Most workplaces don't have the space, know-how, nor the budget to create physical spaces that are conducive to meditation. Source: [ILL](#)



# solution

## Meditation pods for the Workplace



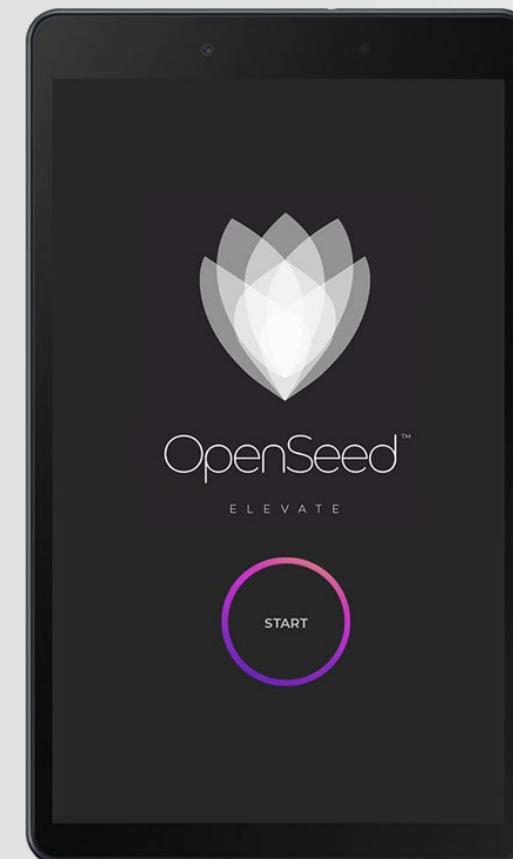
Provide moments of calm in less than 10 minutes.



Teach users how to meditate and maintain a consistent practice.



Affordable, convenient, effective, and beautiful.



# features



Made with natural and organic materials



Guided Meditations, Sound Therapy, and Music



Audio-to-light technology



Touch Screen



Proprietary software and hardware design



Aromatherapy

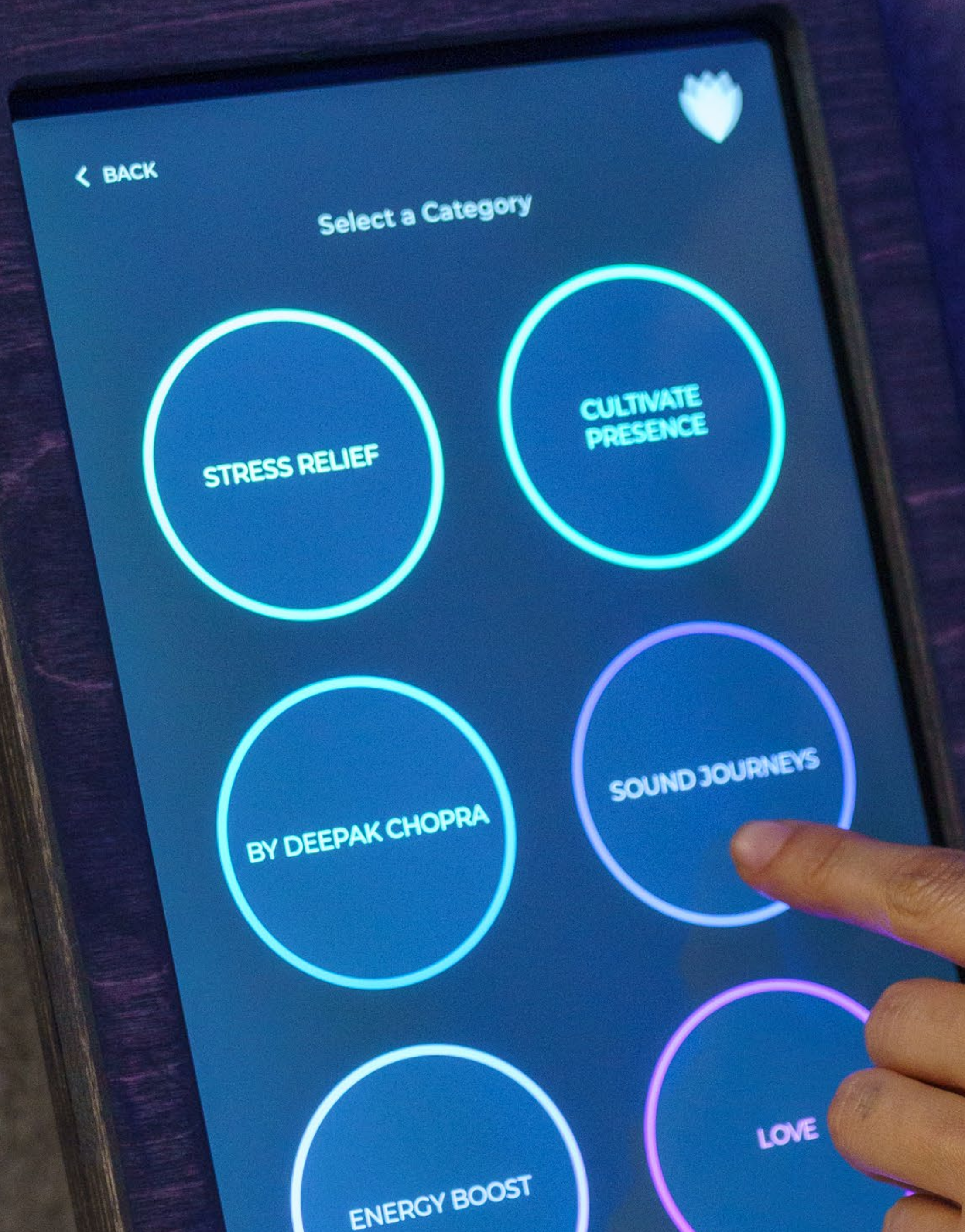


Sound isolation



Air Circulation System,





Select from over 25 experiences, including guided meditations, sound journeys, breath work, and music.



[Hear Samples](#)



**Deloitte.**

"Deloitte Canada is committed to fostering a supportive work environment that prioritizes the well-being of its employees. Central to this effort is facilitating meditation in the workplace...we are happy to incorporate OpenSeed's meditation pods to empower our team with this tool."

- Kendra Earle, Senior Designer Workplace Strategy

customers



We are noticing positive results among our 140+ employees who have all access anytime. De-escalating the stressful environment of 24/7 emergency services with a quick 5-10 minute session shifts physiology from high sympathetic tone to a grounded parasympathetic state. The pod is an integral part of this commitment to our team..”

**Dr. Loren Nations, CEO Veterinary Healthcare Associates**



## data and ROI from customers

OpenSeed captures usage data and user feedback to continuously improve the customer experience and provide positive ROI to our clients.



Avg. 16 sessions per day



93% of survey respondents would recommend pod sessions to their peers.



92% of respondents felt more calm and focused immediately after each session.



At an investment of less than \$50,000, the Lotus pod yields more than 300 sessions per month. Over its lifetime (min 3 years), it will serve over 10,800 sessions, costing our clients only \$4 per session, less than a cup of coffee.



Companies that integrate meditation mindfulness programs have seen a 7% reduction in healthcare costs, \$5,000 gain in value per employee as well as:

- Improvements in focus
- Decreased stress
- Increased employee engagement
- Lower employee absenteeism

# the lotus - technical specs

## Exterior Dimensions

2670H x 2135W x 2135L

## Weight

1,000 pounds (453 Kg)

## Crate Size

3050L x 1220W x 1220L

## Crate Weight

1,400 pounds (635 kg)

## Shell

3/8" thick Polyester Felt.

## Structure

Baltic Birch Plywood

## Space Requirement Actual

footprint is 4.65sqm, but we recommend allocating at least 9sqm.

## Assembly

Approximately 15 hours by our certified installers.

## Sound Insulation

Pod is not completely sound proof although it blocks out a significant amount of external noise. Each pod comes equipped with headphones to solve any noise-related issues in any environment.



# the lotus - technical specs

## Tablet

Built-in, commercial-grade touchscreen.

## Sound System

5.1 system. Concealed speakers in backrest, overhead, and front doors.

## Headphones

2 Headphone. Users can switch between headphone and speaker mode.

## Ventilation

Automatic, 4 fans (3 located behind backrest & 1 overhead).

## Power

The pod requires one (1) 20 amp outlet.

## WiFi Connectivity

Required for running lights and updating content.

## Warranty

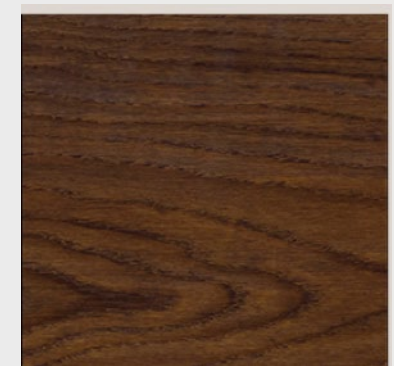
1-Year Warranty. Extended Warranty Available.



the lotus - wood finishes



Charcoal



Chocolate



Walnut



the lotus - essential oils







OpenSeed

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