



TWO MINDSETS

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FIXED MINDSET
Intelligence is static

GROWTH MINDSET
Intelligence can be developed

Leads to a desire to **look smart** and a tendency to:

Leads to a desire to **learn** and a tendency to:

Avoid challenges

CHALLENGES

Embrace challenges

Give up easily

OBSTACLES

Persist in the face of setbacks

See effort as **fruitless or worse**

EFFORT

See effort as **the path to mastery**

Ignore useful negative feedback

CRITICISM

Learn from criticism

Feel **threatened** by the success of others

SUCCESS OF OTHERS

Find **lessons and inspiration** in the success of others

As a result, they may **plateau early** and achieve **less than their full potential.**

As a result, they reach **ever-higher levels of achievement.**

All this confirms a **deterministic view of the world.**

All this gives them a **greater sense of free will.**